

Quality Quick Tips

June 2024



HEALTH PLAN

CHILDREN'S HEALTH

Preventive screenings, anticipatory guidance and immunizations aid in the promotion of healthy lifestyles in children and adolescents. McLaren Health Plan encourages providers to continue to provide quality care and assist with the catching up of children past due for immunizations, well visits, and other preventive screenings. The following are key measures of care for children as well as best practices and tips on how to provide quality outcomes.

Well Child Visits (Visit expectation by age)

- In the first 15 months of life – 6 visits
- 15 months to 18 months – 2 additional visits
- Children & Adolescents age 3-21 years – Annual well visits

Well Child Visits should include:

- Growth and Development Assessment
- Mental Developmental History
- Complete Physical Exam
- Anticipatory Guidance Documentation
- Vision Screening
- Oral Health Screening

Weight Assessment, Counseling for Nutrition, and Counseling for Physical Activity (for Children/Adolescents 3-17 years)

Expectation: Children/Adolescents who have had an outpatient visit with a PCP or OB/GYN during the measurement year with evidence of:

- BMI Percentile documentation
- Counseling for nutrition
- Counseling for Physical Activity

Tips & Best Practices

- Avoid missed opportunities by taking advantage of every office visit to provide a well child visit, immunizations, lead testing and BMI calculations
- A sports/day care physical becomes a well child visit by adding anticipatory guidance to the sports physical's medical history and physical exam.
- BMI percentiles should be calculated at every office visit. Also include nutrition counseling and physical activity discussions or guidance.
- Address vaccine hesitancy with parents. Ensure that all immunizations are logged through MCIR to ensure timely completion and closure of gaps.
- Encourage children to receive preventive dental care twice a year.
- Perform at least one capillary or venous lead test on all children by the age of two.
- McLaren will reimburse you for one well child visit per calendar year for children 3 years old and older.

You do not need to wait 12 months between visits.

For more information and coding details on these and all HEDIS measures, please see the McLaren Health Plan HEDIS Quality Toolkit at: <https://www.mclarenhealthplan.org/mclaren-health-plan/hedis-information>

Thank you for the quality care you deliver!

PCP Feedback (Please print)

Comments, requests, questions, etc.: FAX to **(810) 600-7985**

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